

CHEN PAN LING WORLD FAMILY JAPAN

10th Anniversary Festival

Thanks to all the fellow members, Chen Pan Ling Japan celebrated its 10th anniversary this year. In celebration of this milestone, we will have a special event on coming November 15th. We wholeheartedly welcome you to join us and enjoy performing what we have inherited from our Grandmaster Chen Pan Ling. We'll also enjoy great performances by special guests: Katsuhiko Noda, a singer; Doran, a Morin Khuur Player.

On November 15th (10:00 to 13:00)

At Itoshima Health and Welfare Center

¥2,000 (Lunch Included)

*In order to reduce the risk of COVID-19, Follow the 3Ws:

Wear a mask, Wash your hands, Watch your distance.

Schedule of Events:

Opening Ceremony

1. 99 form Tai Chi
2. Mountain Top 1
3. Straight Sword Swimming Dragon
4. Yang style Tai Chi Basic
5. Bagua (Eight Mother Palm, Swimming Dragon)

Intermission

6. Short Stick
7. Gong Fu Fan
8. Xingyi Basic
9. 13 form Tai Chi
10. Wudang Qigong

Gift Presentation

Closing Ceremony

Lunch Time

